



GAISCE
THE PRESIDENT'S
AWARD

ARE YOU
AGED
15-25?



Would you like to challenge yourself while
having fun and making new friends?

Gaisce - The President's Award is the most prestigious youth award in Ireland and is a challenge to you from the President of Ireland, Michael D. Higgins to dream big and realise your potential.

Your Gaisce experience is whatever you want it to be. As a participant, you choose your own activities for each challenge area:

Develop a Skill. Help your Community. Get Active. Go on an Adventure!

Gaisce provides a structured approach to measuring and recognising your personal development. It's not about the additional work but more the additional value Gaisce adds to your life.

Gaisce is not a competition, just an opportunity to push yourself to achieve your goals. Take the first step on your Gaisce journey.


Visit www.gaisce.ie to get started.

YOUR WAY: YOUR AWARD



HOW GAISCE WORKS

To achieve a Gaisce Award, you take part in activities for at least one hour a week in each of the three challenge areas which include Personal Skill, Community Involvement and Physical Recreation. Participants must also undertake an Adventure Journey. Gold participants are required to complete an additional Residential Project and Portfolio.

Gaisce Awards	 Personal Skill	 Community Involvement	 Physical Recreation	+	 Adventure Journey	 Residential Project	 Portfolio	 AWARD
Bronze Award Participants aged 15+ Registration €15	1 hour per week	1 hour per week	1 hour per week	Additional 13 weeks of activities in any one of the Challenge Areas	2 days, 1 night (Expedition or Exploration)	X	X	
	▶ 13 WEEKS			+ 13 WEEKS	+ 2 DAYS, 1 NIGHT			= BRONZE AWARD
Silver Award Participants aged 16+ Registration €20	1 hour per week	1 hour per week	1 hour per week	Non-Bronze Awardees undertake an additional 26 weeks in any one of the Challenge Areas	3 days, 2 nights (Expedition or Exploration)	X	X	
	▶ 26 WEEKS			+ 26 WEEKS	+ 3 DAYS, 2 NIGHTS			= SILVER AWARD
Gold Award Participants aged 17+ Registration €25	1 hour per week	1 hour per week	1 hour per week	Non-Silver Awardees undertake an additional 26 weeks in any one of the Challenge Areas	4 days, 3 nights (Expedition or Exploration)	4 nights, 5 days Residential Project	Portfolio	
	▶ 52 WEEKS			+ 26 WEEKS	+ 4 DAYS, 3 NIGHTS	+ 4 NIGHTS, 5 DAYS	+ PORTFOLIO	= GOLD AWARD



"I really enjoyed doing Gaisce! The best part for me are the fun memories I have. We had some good laughs away with the group on the Adventure Journey and the Residential Project. We still talk about those trips when we meet up."

- Dylan White,
Gaisce Gold Awardee 2018

TO BEGIN:

1. Find a President's Award Leader or PAL: PALs are there to support you throughout your Gaisce journey. There may be a PAL based in your school, college, youth group or in a community based organisation in your locality. You must have a PAL before registering to take part. If you are having trouble finding a PAL, contact the Gaisce team.
2. Select your activities and discuss these with your PAL to ensure they are appropriate and sufficiently challenging. You can choose activities that you are already engaged in or you can start something completely new.
3. Register online at www.gaisce.ie and begin your Gaisce Journey!